

Let the sun SHINE IN

This is the month for bright new ideas and a sunny outlook, so draw back your curtains and feel the fresh warmth of spring



Curtains in Parlour Palm Citrus, £29 per m; sofa upholstered in Sumac Titanium, £39 per m; cushions in Parlour Palm citrus, £29 per m; Tillandsia, £29 per m; Plains Five, £42 per m, Orto Lime, £29 per m; Padua Raffia, £25 per m, all Scion at Style Library



Recipe taken from *The Yoga Kitchen Plan* by Kimberly Parsons (£20, Quadrille)

Brunch recipe

Spiced maple, pecan and orange granola

1 Preheat the oven to 160°C/ 315°F/ Gas 2-3 and line a baking sheet. 2 Place 40g buckwheat groats, 100g rolled oats, 90g pecans, 40g dried cranberries,

2 tbsp pumpkin seeds, 1½ tbsp flaxseeds, ½ tbsp cinnamon, 1 tsp allspice, a pinch of sea salt, zest of 1 orange and ½ tsp vanilla extract in a large bowl and stir to combine. 3 Add 4½ tbsp maple syrup and 2½ tbsp extra virgin olive oil and stir to combine the dry ingredients. Spread over the baking sheet and bake for 50-60 mins until golden and the granola has formed clumps, and leave to cool before serving.



LEFT Plaster pink linen tablecloth, £82; fine black stripe linen napkin, £18 for two, all Rowen and Wren



The edit

DINE IN *STYLE*

Freshen up your May Day table by accessorising with pale linens, glossy enamelware and woven textures.

- 1** Picot detail napkins, £25 for four, The White Company **2** Three-pint jug, £29.50, Falcon Enamelware
3 Handmade seagrass coasters, £10 for four, Also Home



Wild ketchup, £3.95 for 250ml, Pear Drop London

Must-try...

Wild ketchup

A natural twist on the classic condiment, Pear Drop London's range of Wild Ketchups are made from ingredients gathered year-round from across the British countryside. Flavours include this green tomato, nettle and pear, plus beetroot, blackberry and black pepper.



1. Hever Castle



2. Bristol Lido



3. Yorkshire Sculpture Park

Head outdoors

SEASONAL *DAYS OUT*

1. Dance round the Maypole Head to Hever Castle in Kent from the 4-6 May for the fun and frolics of its May Day Festival, including a traditional procession through the gardens.

From £9.95 for a child's entry (hevercastle.co.uk)

2. Take a dip Hidden within the residential Georgian streets of Clifton is Bristol Lido - a restored Victorian swimming pool, restaurant, tapas bar and spa, and an oasis of enjoyment and relaxation. Swim and eat packages from £35 per person (lidobristol.com)

3. Admire artwork al fresco Get your art-without-walls fix, and bring your dog too, at Yorkshire Sculpture Park near Wakefield. The size of over 500 football pitches, this open-air gallery offers room to breathe as you take in the stunning sculptures and installations. Free entry (yvsp.org.uk)





Double duvet cover, £120; oxford pillowcase, £25; housewife pillowcase, £20; quilted throw, £250; knitted throw, £150; cushion, £50; curtains, £240, all Allegro Collection 1. Cadenza oxford pillowcase, £20 2. Eris oxford pillowcase, £20 3. Zeya quilted throw, £150, all Bedeck of Belfast



Just landed...

NEW BEDLINEN FROM BEDECK

Established in 1951, Bedeck of Belfast is one of a handful of textile brands who still have their own in-house design studio. Reinterpreting traditional techniques like painting and weaving, the new collection - Journey Along the Silk Route - is inspired by the historic journey between Ireland and the Far East in the golden age of the textile trade.



Date for the diary

OLD DAIRY FEAST

Taking place on the first Friday of every month from March to December, The Old Dairy Kitchen's Feast nights celebrate the seasonal flush of ingredients that Trill Farm, and the surrounding small-scale local producers in east Devonshire, have to offer. May's Feast, on 3 May, is £35 per person; visit olddairykitchen.co.uk

Step back in style with an old British favourite reinvented; this stool from Giggy and Bab comes in 10 gorgeous colours



Hornsey step stool in Teal, £195, Giggy and Bab



Try something new with the heady aromas of incense or the gentle fragrance of essential oils

Self Love incense sticks, £5; 10ml essential oils in lavender & sandalwood and jasmine & mandarin, £15 for two, all Oliver Bonas

Hero piece

ECO CHIC STORAGE

This environmentally-friendly version of the classic Swedish Hinza bag is made from green plastic, a renewable raw material sourced from sugar cane. Wipe-clean, versatile and available in five colours, use as sustainable storage or your go-to handbag.



Hinza green bag in Lemon, £22, Matthias Winter



Scent your HOME

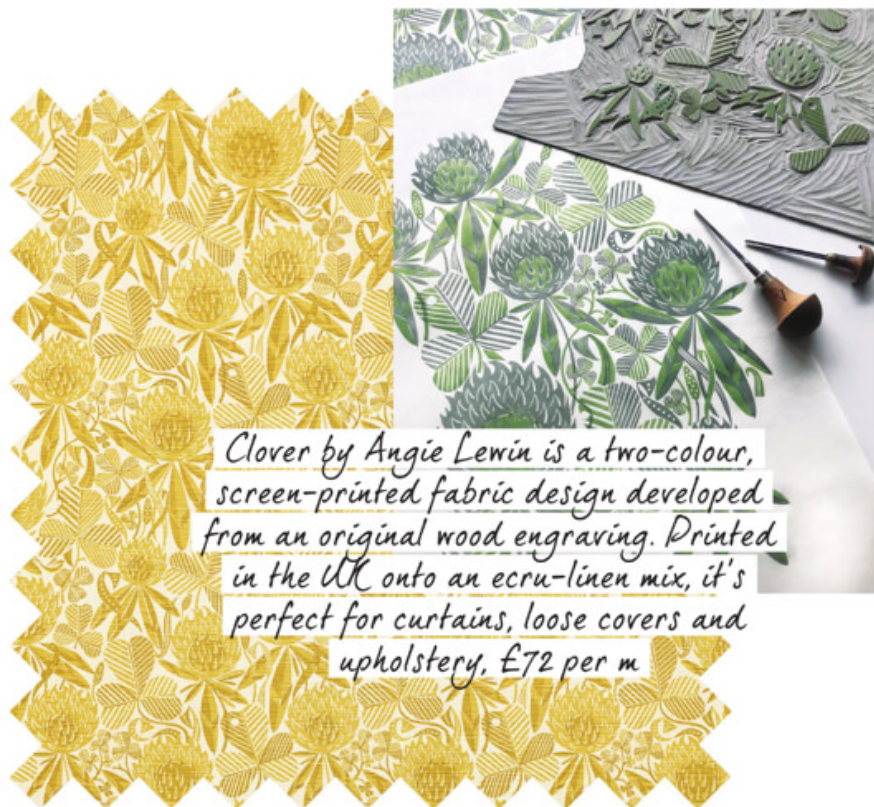
Fill your rooms, stir the senses and bring the outdoors in with the natural notes of the season, from fragrance to fabric



Simple makes

Herb bunting

Create a delicious scent in your kitchen by stringing up a seasonal garland of herbs. Both beautiful and useful, it also dries out the herbs for you to cook with. Taken from *Wreaths: Fresh, Foraged & Dried Floral Arrangements* by Katie Smyth and Terri Chandler (£14.99, Quadrille).



Clover by Angie Lewin is a two-colour, screen-printed fabric design developed from an original wood engraving. Printed in the UK onto an ecru-linen mix, it's perfect for curtains, loose covers and upholstery, £72 per m

BELOW RIGHT Calm apothecary candle, £7.50, M&S; Earl of East Greenhouse soy candle, £20, Anthropologie



Style steal

DESIGNER CANDLES

Perched on a windowsill, artfully clustered on a coffee table or simply displayed on a mantelpiece, the latest crop of on-trend candles will bring effortless elegance to a scheme, as well as a soothing scent, whatever your style or budget.

Garden inspiration

VISIT RHS CHELSEA FLOWER SHOW

The world's most famous flower show is back for another year, from 21-25 May. Get your green-fingered fill of cutting-edge gardens, fabulous shopping and plants from around the globe. Visit rhs.org.uk for ticket information.



Gather for the BANK HOLIDAY

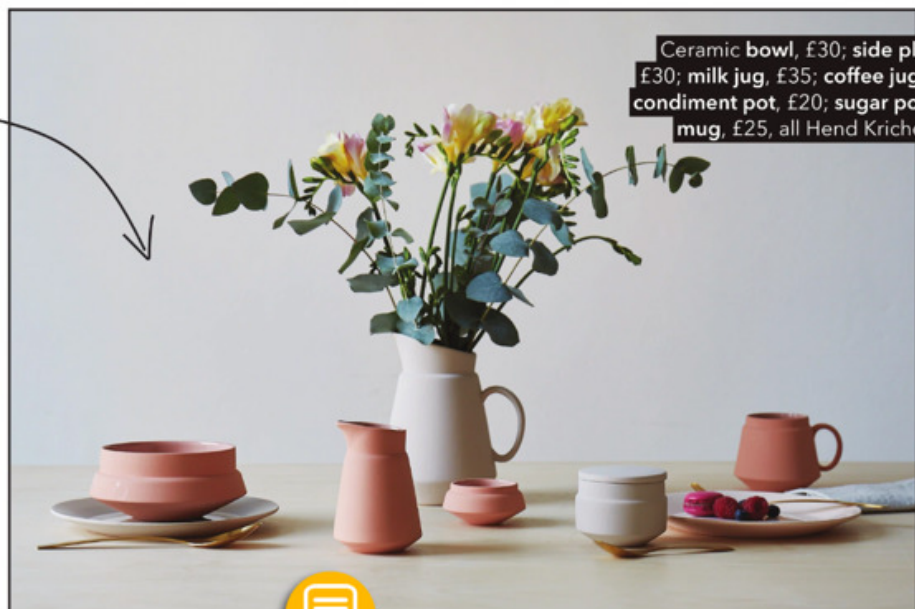
Decamp to nature's dining room for this month's long weekends. Dress your table with natural linen in dusky pinks and ticking - a beautifully breezy canvas for an idyllic al fresco lunch with friends



Rise and shine

BREAKFAST TABLEWARE

London-based designer Hend Krichen handcrafts luxury homewares and accessories, and her new ceramic 'Breakfast Set' collection combines a geometric, centric style with a smooth matt finish. Use the coffee jug as a vase to display your blooms with sprigs of lush eucalyptus.



Ceramic bowl, £30; side plate, £30; milk jug, £35; coffee jug, £60; condiment pot, £20; sugar pot, £43; mug, £25, all Hend Krichen

