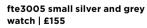






Camilla clogs | £69 Great with a pair of thick tights for early spring stomping. seasaltcornwall.co.uk



A simple watch face and a leather strap. <u>freedomtoexist.com</u>







MAKER OF THE MONTH

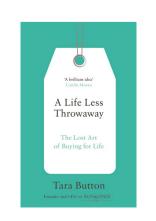
The potter and craftsman behind a combined kiln and café in Newcastle

Richard Cullen and Jun Rhee make beautiful, modest tableware under the name 1265 Degrees North from a workshop in Newcastle's creative hub, the Ouseburn Valley. They also run a bar and café space, Kiln, alongside, and the glass wall that separates the workshop from the café allows diners an armchair view of the in-house kiln. All food and drink is served on 1265 Degrees North tableware and if you take a liking to your bowl (£10-£45) or espresso cup (£20), you can buy it to take home. 1265degreesnorth.com

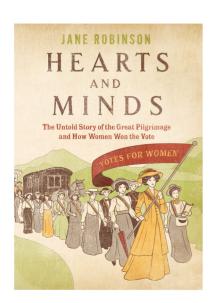
BETTER BUYS

Careful choices rather than impulse buys in A Life Less Throwaway by Tara Button

Tara Button's house used to be all wardrobes overflowing with hastily bought outfits that she hardly ever wore, cupboards cluttered with broken gadgets or pans not fit for purpose. She was an impulse shopper, and it made her unhappy, stressed and in debt. Then along came a gift - a beautiful, blue Le Creuset casserole dish - which was lovely to use and built to last, and she began to ponder her bad relationship with purchasing. This guide to getting better value, emotionally and economically, celebrates de-cluttering, vintage clothes, recycling crockery, upcycling furniture and thinking carefully before splashing the cash – classic rather than trashy throwaway. (Harper Thorsons)







PILGRIMS' PROGRESS

A celebration of suffragists, suffragettes and political freedom in Hearts And Minds

Jane Robinson's brilliant book – full of anecdote, meticulous historical research and wonderful images – tells the story of The Great Pilgrimage, 1913, where thousands of people embarked on a six-week protest march towards the capital demanding Votes For Women. All the famous figures are here – the Pankhursts, with their militant attitudes, and deeds-not-words stance and Millicent Fawcett, who was anti-violence – but she also tells the stories of ordinary women: of teachers and pit girls, duchesses and fishwives, all who persuaded the country and Parliament to listen to them, and transformed the lives of women*, politically and personally. (*Doubleday*)



Unwind Aroma Mist | £22 Lavender and sweet marjoram to spritz and aid relaxation. madeandgood.com



SHOP OF THE MONTH

A website that delivers covetable goods and social consciousnesss

Online shop Made + Good sells homeware and lifestyle products from designers and makers, each of which share founder Alexandra Haves' environmental concerns. Bowls are carved from reclaimed wood; jewellery is made from recycled metal, and textiles printed with vegetable-based inks. We love the pottery from Mim Archer Pottery (above, from £18); planters by Jessica Geach (from £26), and skincare from AS Apothecary (from £7.50). The shop donates 15% of its commission from each sale to a charity: buyers choose which and can make an optional donation at checkout. madeandgood.com



SHELF DISCOVERY

Books get a good talking to from Annie Spence in Dear Farenheit 451

Librarian Annie Spence has penned a series of funny, irreverent love letters and break-up notes to the books that grace the shelves of her local library*. These range from the ones she recommends to everyone: *The Goldfinch* by Donna Tartt; *The Virgin Suicides* by Jeffrey Eugenides; everything by Agatha Christie, to the ones that leave her cold: anything by

JRR Tolkien or romantic novelist Nicholas Sparks – and the ones that she keeps meaning to read, but somehow hasn't – Tolstoy's *Anna Karenina*, for example – "there will come a day, probably, when I get a hankering for a bleak 864-page novel translated from Russian. But until that day, back to the shelves you go". (*Icon Books*)

